

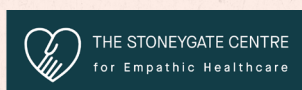
Lexi's Letter

How far can you share it?

Since we started to share Lexi's Letter, healthcare professionals and educators have been letting us know how they have used it.

We have created a series of short case studies to help and inspire continued use, so that Lexi's wish to make hospital treatment better for all children and young people, can be achieved.

Case Study



The Stoneygate Centre for Empathic Healthcare, Leicester Medical School, University of Leicester

Dr Rachel Winter and team at Stoneygate Centre for Empathic Healthcare were one of the first to encourage Lexi and her parents to think about sharing Lexi's Letter far and wide. Their early encouragement was vital and so we went back to find out how they have been using Lexi's Letter in the year since it was written.

Dr Andy Ward is the Stoneygate Centre's Director of Education and Training. He has been teaching vital communication skills to medical students, nurses, midwives, doctors and allied health professionals across the East Midlands for over 20 years. His presentations on empathic communication skills often include a patient talking about their own experience.

When Andy first saw Lexi's Letter, he knew he wanted to include it in his presentations;

"Lexi's Letter beautifully described almost everything in my presentation. It was almost as if I had spoken to Lexi and asked her to include the things I believe are important!"

To view our Lexi's Letter animation, [click here](#)

To download a poster of Lexi's Letter, [click here](#)

I see a lot of healthcare professionals.



Things which are normal for you might be strange or scary for me...



I might feel self-conscious about my body...



Andy has already used Lexi's Letter, narrated by her sister Ella, in presentations to several hundred healthcare professionals;

You can hear a pin drop when I show the video – it really draws people in. I am sure it is one the main things people remember from the training days.

Moving forward, Andy will also be using Lexi's Letter in lectures to first-year medical students so Lexi's words are with them throughout their whole career.

We hope this will help you to share Lexi's Letter in your organisation. Please use the hashtag #LexisLetter

Thank you!

For all of your expertise,
your care and your
commitment to the
wellbeing of your patients,
even when I'm grumpy.

From Lexi

