

Lexi's Letter

How far can you share it?

Since we started to share Lexi's Letter, healthcare professionals and educators have been letting us know how they have used it.

We have created a series of short case studies to help and inspire continued use, so that Lexi's wish to make hospital treatment better for all children and young people, can be achieved.

Case Study

University of Melbourne - Making Healthcare Work

Second year medical students at the University of Melbourne in Australia can select a 4-week course as part of their training, called 'Making Healthcare Work'. The course, led by Dr. Roisin Bhamjee, focuses on patient transitions between the community and hospital system, as part of an overarching focus on improving systems for patients.

Siân Slade, an Enterprise Fellow and PhD Candidate at the University set up an advocacy project #NavigatingHealth which, alongside her PhD, focuses on how patients are enabled to navigate healthcare. Siân started to collaborate with Dr Bhamjee three years ago.

Having seen an article about Lexi's Letter on the BBC website, Siân felt it was very relevant for the students on the Making Healthcare Work module and included it in her guest lecture to the students.

The feelings Lexi expresses are ones I heard from all ages in my PhD research - Lexi's video beautifully conveys the need to put the understanding of her experiences (and the importance of "human-ness") in healthcare.

To view our Lexi's Letter animation, [click here](#)

To download a poster of Lexi's Letter, [click here](#)

I see a lot of healthcare professionals.



Things which are normal for you might be strange or scary for me...



I might feel self-conscious about my body...



23 students have now seen Lexi's Letter as part of this course, and as second year medical students they will carry Lexi's words with them throughout their careers.

Roisin and Siân will continue to draw on Lexi's Letter as they work with students and share it with other colleagues throughout the University's medical school and broader health faculty.

We hope this will help you to share Lexi's Letter in your organisation. Please use the hashtag #LexisLetter

Thank you!

For all of your expertise,
your care and your
commitment to the
wellbeing of your patients,
even when I'm grumpy.

From Lexi

